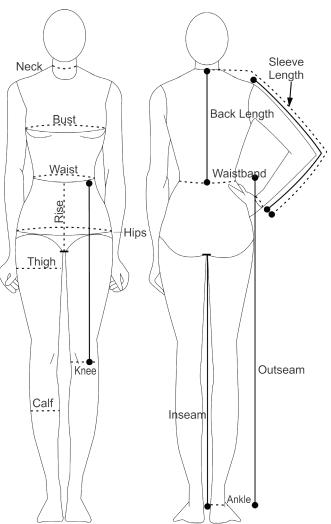


BELLA+CANVAS.

SIZE CHART

HOW TO MEASURE

- **Chest/Bust**: Measure around the fullest part of the chest/bust. Do not draw the tape too tightly.
- Sleeve Length: Measure from the center back of your neck, over the top of your shoulder and down to the point where your hand starts to widen at your wrist. The actual measurement of your arm only is measured from the top of the shoulder to the bottom of your wrist and is often used for casual shirt sizing.
- Back Length: Measure from the most prominent bone at base of neck to the natural waistline.
- Cross Back: Measure from shoulder to shoulder.
- Upper Arm: Measure around the widest section of the upper arm located above the elbow.
- Waist: Measure the circumference of your waist. Use the tape to circle your waist (sort of like a belt would) at your natural waistline, which is located above your belly button and below your rib cage. (If you bend to the side, the crease that forms is your natural waistline.) Don't suck in your stomach, or you'll get a false measurement. If you generally wear your clothes below your waist, take that measurement as well.
- **Hip**: Measure the circumference of your hips. Start at one hip and wrap the tape measure around your rear, around the other hip, and back to where you started. Make sure the tape is over the largest part of your buttocks.
- **Inseam**: This is the distance from the uppermost inner part of your thigh to the bottom of your ankle. You can measure your inseam in two ways.
 - > With help: While you're wearing a pair of pants, have a friend stretch the tape from your crotch to the bottom of your ankle.
 - Without help: If you have a pair of pants that fit you perfectly (and they shouldn't be too loose around the waist), measure the inseam of the pants, again from the crotch to the hem.
- **Rise**: Rise is the distance from the middle of the crotch seam (right between your legs) to the top of the waistband. It usually ranges from 7" 12".
- Head Circumference: For an accurate head measure, place a tape measure across the forehead and measure around the full circumference of the head. Keep the tape snug for accurate results.
- <u>NOTE</u>: ALL SIZES ARE DISPLAYED IN INCHES



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MEN	I'S/UNISEX	CHEST TO FIT	
XS	Extra Small	31"-34"	
S	Small	34"-37"	
М	Medium	38"-41"	
L	Large	42"-45"	
XL	Extra Large	46"-49"	
2XL	Double Extra Large	50"-53"	
3XL	Triple Extra Large	54"-57"	
4XL	Quadruple Extra Large	58"-61"	
WOMEN'S JERSEY & RIB FITS SIZES			
_		2.4	
S	Small	2-4 6-8	
M	Medium		
L	Large	8-10 10-14	
XL 2XL	Extra Large	10-14	
271	Double Extra Large	14-10	
WOMEN'S RELAXED FITS SIZES			
S	Small	2-6	
М	Medium	6-10	
L	Large	10-14	
		14 10	

-	Large	10-14
XL	Extra Large	14-18
2XL	Double Extra Large	18-22

WOMEN'S SLOUCHY		FITS SIZES
S	Small	2-4
М	Medium	6-10
L	Large	10-14
XL	Extra Large	14-18
2XL	Double Extra Large	18-20

WON	IEN'S FLOWY	FITS	SIZES
XS	Extra Small	0-2	
S	Small	2-4	
М	Medium	6-10	
L	Large	10-1	4
XL	Extra Large	14-1	8
2XL	Double Extra Large	18-2	0
WOMEN'S FLOWY BOXY FITS SIZES			
S	Small		2-4
М	Medium		6-10
L/XL	Large/Extra Large		10-18
UNIS	SEX BOTTOMS	WOMEN'S	MEN'S
UNIS xs	SEX BOTTOMS	WOMEN'S 25"-27"	MEN'S 28"-30"

Small	27"-29"	30"-32"
Medium	29"-31"	32"-34"
Large	31"-33"	34"-36"
Extra Large	33"-35"	36"-38"
Double Extra Large	35"-37"	38"-40"
	Medium Large Extra Large	Medium 29"-31" Large 31"-33" Extra Large 33"-35"

WOMEN'S BOTTOMS FITS SIZES INSEAM

S	Small	2-6	31.5"
М	Medium	6-8	32"
L	Large	10-12	32"
XL	Extra Large	14-16	32.5"
2XL	Double Extra Large	18-20	33.5"

YOUTH

FITS SIZES

YS	Youth Small	6-8
ΥM	Youth Medium	10-12
YL	Youth Large	14-16
YXL	Youth Extra Large	18-20