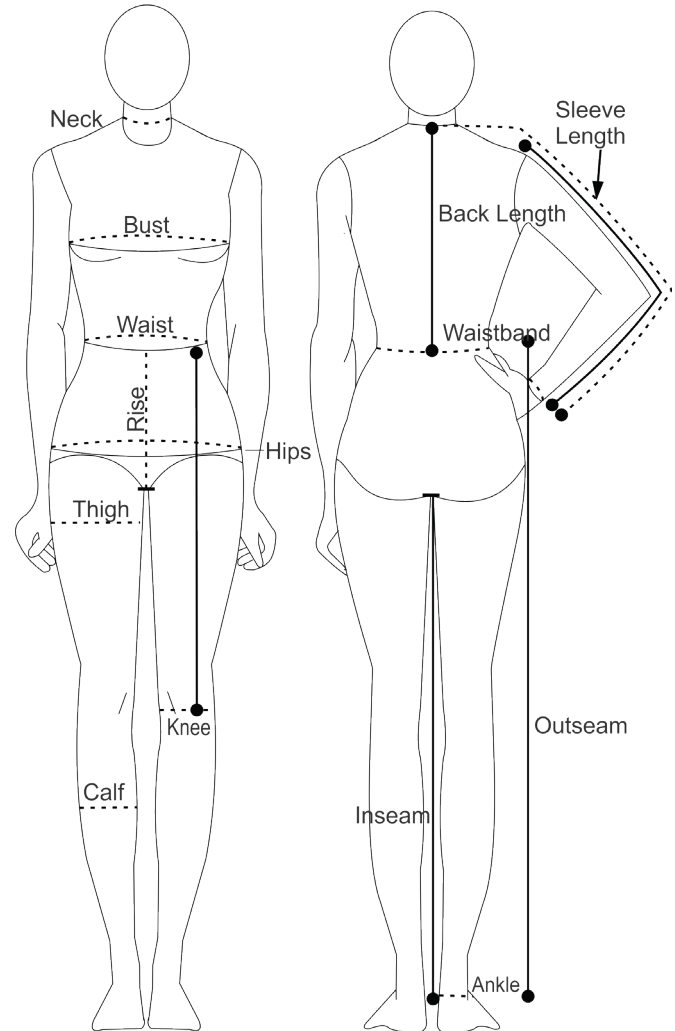


# SIZE CHART

## HOW TO MEASURE

- **Chest/Bust:** Measure around the fullest part of the chest/bust. Do not draw the tape too tightly.
- **Sleeve Length:** Measure from the center back of your neck, over the top of your shoulder and down to the point where your hand starts to widen at your wrist. The actual measurement of your arm only is measured from the top of the shoulder to the bottom of your wrist and is often used for casual shirt sizing.
- **Back Length:** Measure from the most prominent bone at base of neck to the natural waistline.
- **Cross Back:** Measure from shoulder to shoulder.
- **Upper Arm:** Measure around the widest section of the upper arm located above the elbow.
- **Waist:** Measure the circumference of your waist. Use the tape to circle your waist (sort of like a belt would) at your natural waistline, which is located above your belly button and below your rib cage. (If you bend to the side, the crease that forms is your natural waistline.) Don't suck in your stomach, or you'll get a false measurement. If you generally wear your clothes below your waist, take that measurement as well.
- **Hip:** Measure the circumference of your hips. Start at one hip and wrap the tape measure around your rear, around the other hip, and back to where you started. Make sure the tape is over the largest part of your buttocks.
- **Inseam:** This is the distance from the uppermost inner part of your thigh to the bottom of your ankle. You can measure your inseam in two ways.
  - › **With help:** While you're wearing a pair of pants, have a friend stretch the tape from your crotch to the bottom of your ankle.
  - › **Without help:** If you have a pair of pants that fit you perfectly (and they shouldn't be too loose around the waist), measure the inseam of the pants, again from the crotch to the hem.
- **Rise:** Rise is the distance from the middle of the crotch seam (right between your legs) to the top of the waistband. It usually ranges from 7" - 12".
- **Head Circumference:** For an accurate head measure, place a tape measure across the forehead and measure around the full circumference of the head. Keep the tape snug for accurate results.
- **NOTE:** ALL SIZES ARE DISPLAYED IN INCHES



## YOUTH

### GIRLS 4-16

SIZE	3/4	5/6	7/8	10/12	14	16
	XXS	XS	S	M	L	XL
<b>Bust</b>	21-22	23-24	26-27	29-30	31½-32½	33½
<b>Waist</b>	21-22	22½-23	23½-24½	25-26	27-28	30
<b>Height</b>	41	44-46½	50½-52½	55-58	61	62½
<b>Inseam</b>	17¼	18¾-20¼	23¼-24¾	26-27¾	29¼	29¾

## BOYS 4-16

SIZE	3/4	5/6	7/8	10/12	14	16
	XXS	XS	S	M	L	XL
<b>Bust</b>	21-22	23-24	25½-26½	27½-28V	30½-31½	32
<b>Waist</b>	21-22	22½-23	23½-24½	25½-26½	28-29	29½
<b>Height</b>	41	44-46½	49½-52	55½-58½	61½	64
<b>Inseam</b>	17¼	18¾-20¼	23¼-24¼	25½-27¾	29¾	31

## WOMEN

### WOMEN'S REGULAR

SIZE	0/2	4/6	8/10	12/14	16/18	20/22
	XS	S	M	L	XL	2XL
<b>Bust</b>	32-33	34-35	36-37	38½-40	41½-43	45-47
<b>Waist</b>	25½-26½	27½-28½	29½-30½	32-33½	35-36½	38½-40½
<b>Hip</b>	35-36	37-38	39-40	41½-43	44½-46	48-50

### WOMEN'S PLUS

SIZE	16W/18W	20W/22W	24W/26W
	1X	2X	3X
<b>Bust</b>	44-46	48-50	52-54
<b>Waist</b>	37-39	41-43	45-47
<b>Hip</b>	46-48	50-52	54-56

## MEN

SIZE	S	M	L	XL	2XL	3XL
<b>Chest</b>	36-38	39-41	42-44	45-48	50-52	54-56
<b>Neck</b>	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½
<b>Sleeve</b>	32½-33	33½-34	34½-35	35½-36	36-36½	36½-37
<b>Waist</b>	29-31	32-34	36-38	40-42	44-46	48-50